



Lighthouse Psychology Services

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Dr. Michael Lee Zwiers and Associates

ADULT & FAMILY PSYCHOLOGY PRACTICE

ASSESSMENT * THERAPY
CAREER COUNSELLING



- ✪ **Dr. Zwiers** is a Clinical & Counselling Psychologist with experience in hospitals, community clinics, & primary care.

- ✪ **Mental Health & Educational Assessments** for ADHD, Autism, Anxiety, Mood, Learning Disability.

- ✪ **Reader-friendly written reports** with practical strategies.

- ✪ **Documentation for:** school & work accommodations, programs & high-stakes exams.

- ✪ **Therapy**

- ✪ Cognitive & Behavioural Therapy CBT
- ✪ Hypnosis

Concerns Treated:

- ✪ ADHD
- ✪ Anxiety / OCD
- ✪ Assertiveness / Self-esteem
- ✪ Autism
- ✪ Career Decisions
- ✪ Depression / Grief
- ✪ Family Therapy
- ✪ Workplace Stress / PTSD

Come visit us!

